

October Happenings

BROOKLETTS PLACE
TALBOT SENIOR CENTER
400 BROOKLETTS AVENUE * EASTON, MD
410-822-2869

OCTOBER 2016

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 8:00 Enhance Fitness 9:00 Coffee Hour 9:30 Enhance Fitness 10:00 Advance Beginners Watercolor 11:00 Card Players 12:00 Lunch w/DJ Chuckie 12:30 Mahjong Chubby Checker's Birthday 	4 8:00 Enhance Fitness 9:00 Coffee Hour 9:30 Enhance Fitness 10:00 Contract Bridge 12:00 Lunch 12:30 Pinochle 1:30 AARP Meeting	5 9:00 Line Dancing 9:00 Coffee Hour 9:00 Beginning Oil Painting 9:00 Gentle Yoga 9:30 Yarn & Needle Group 10:00 Wii Bowling 11:00 Duplicate Bridge 12:00 Lunch	6 8:00 Enhance Fitness 9:00 Coffee Hour 9:30 Enhance Fitness 10:00 Intermediate Watercolor 10:30 Po-Ken-O 10:45 Balance: Fall Prevention 11:00 T'ai Chi @TCCC 11:00 Canasta 12:00 Lunch 5:00 TOPS	7 8:30 Zumba Gold 9:00 Coffee Hour 9:30 "Hoarding: Signs, Symptoms, Solutions" Workshop 10:00 Mahjong 11:30 Toastmaster's 12:00 Keyboard/Guitar Lessons 12:00 Poetry at Noon 1:00 Spanish Fun Conversation Class
10 CLOSED  Columbus Day	11 8:00 Enhance Fitness 9:00 Coffee Hour 9:30 Enhance Fitness 10:00 Free Craft w/First Baptist "Inspirational Owl" 10:00 Contract Bridge 12:00 Lunch Lunch/Laurie Toms & Company 12:30 Pinochle	12 9:00 Line Dancing 9:00 Coffee Hour 9:00 Beginning Oil Painting 9:30 Yarn & Needle Group 10:00 Blood Pressure Screening 11:00 Duplicate Bridge 12:00 Lunch 1:00 Wii Bowling@ParkView	13 CENTER CLOSED EMPLOYEE TRAINING DAY 11:00 T'ai Chi @TCCC	14 8:30 Zumba Gold 9:00 Coffee Hour 9:30 AARP Drive Safety Class 10:00 Mahjong 11:00 Art of Cooking w/Sharon Harrington "Octoberfest" 12:00 Keyboard/Guitar Lessons 12:00 Poetry at Noon 1:00 Spanish Fun Conversation Class
17 8:00 Enhance Fitness 9:00 Coffee Hour 9:30 Enhance Fitness 10:00 Advance Beginners Watercolor 11:00 Card Players 12:00 Lunch 12:30 Mahjong	18 8:00 Enhance Fitness 9:00 Coffee Hour 9:00 Flu Shots w/Hill's 9:30 Enhance Fitness 10:00 Contract Bridge 12:00 Lunch w/Tinsmith 12:30 Pinochle	19 8:30 Comm. On Aging 9:00 Line Dancing 9:00 Coffee Hour 9:00 Beginning Oil Painting 9:00 Gentle Yoga 9:30 Yarn & Needle Group 10:00 Wii Bowling 10:30 Aquacare Presents: Fall Prevention 11:00 Duplicate Bridge 12:00 Lunch	20 8:00 Enhance Fitness 9:00 Coffee Hour 9:30 Enhance Fitness 10:00 Intermediate Watercolor 10:30 Grocery Bingo 10:45 Balance: Fall Prevention 11:00 Canasta 12:00 Lunch w/The Jones Boys 5:00 TOPS	21 8:30 Zumba Gold 9:00 Coffee Hour 10:00 Mahjong 11:30 Toastmaster's 12:00 Keyboard/Guitar Lessons 12:00 Poetry at Noon 1:00 Spanish Fun Conversation Class
24 9:00 Coffee Hour 10:00 Advance Beginners Watercolor 11:00 Card Players 11:30 Dutch Lunch Out/House of Hunan 12:00 Lunch 12:30 Mahjong 5:30 Diabetic Support Group NATIONAL BOLOGNA DAY 	25 9:00 Coffee Hour 10:00 Contract Bridge 10:00 FREE Flowers for the Tables w/Diana 12:00 Lunch/Halloween Celebration w/Shelley Abbott 12:30 Pinochle	26 9:00 Line Dancing 9:00 Coffee Hour 9:00 Beginning Oil Painting 9:00 Gentle Yoga 9:30 Yarn & Needle Group 10:00 Wii Bowling 10:00 Blood Pressure Screening 10:30 Positive Music w/DJ Randy 11:00 Duplicate Bridge 12:00 Lunch	27 9:00 Coffee Hour 10:00 Intermediate Watercolor 10:00 Elder Law Clinic 10:30 Po-Ken-O 11:00 Canasta 12:00 Lunch/ the University of MD Health Advantage 5:00 TOPS	28 8:30 Zumba Gold 9:00 Coffee Hour 10:00 Mahjong 12:00 Keyboard/Guitar Lessons 12:00 Poetry at Noon 1:00 Spanish Fun Conversation Class
31 9:00 Coffee Hour 10:00 Advance Beginners Watercolor 11:00 Card Players 12:00 Lunch 12:30 Mahjong	OCTOBER 30TH IS NATIONAL CANDY CORN DAY 	OCTOBER IS NATIONAL COOKBOOK MONTH 	VISIT US ON OUR WEBSITE: www.brooklettsplace.org VISIT US ON FACEBOOK AT BROOKLETTS PLACE – TALBOT COUNTY SENIOR CENTER	Calendar of Events on the WEB: www.talbotcountymd.gov Community/Other Local Agencies/Senior Center & as a link on the Town of Easton's website www.town-eastonmd.com Community/Talbot Senior Center Also available on the Eastern Shore Senior Website: http://www.easternshoresenior.com/content/talbotseniorcentercalendar

BROOKLETTS PLACE – TALBOT COUNTY SENIOR CENTER – OCTOBER 2016

Visit our Facebook Page: [Brookletts Place – Talbot County Senior Center](#)

OUTINGS & EVENTS:

Mon., Oct 3 – (12:00 p.m. – 1:00 p.m.) Come out and enjoy the sounds of DJ Chuckie. Advance sign-up for lunch is required or you may bring your own lunch.
Tues., Oct 11 – (12:00 p.m. – 12:30 p.m.) *Lunch/Music with Laurie Toms & Company.* Advance sign up for lunch is required or you may bring your own lunch.
Tues., Oct. 18 - (12:15 p.m. - 1:00 p.m.) Tinsmith: Brooke Parkhurst, Henry Cross and Rowan Corbett from *Carolina Chocolate Drops!* Tinsmith performs traditional music of Island, Scotland and Appalachia. Citing influences from blues to bluegrass, from funk to jazz to mountain music, they bring traditional songs and tunes into the new century. Advance sign-up for lunch required by October 4 or you may bring your own. *This concert is made possible by the generous support of the Talbot County Arts Council, the Maryland State Arts Council, Mid-Shore Community Foundation (MSCF), Dock Street Foundation, Brookletts Place, and by individual contributions to the Carpe Diem Arts Outreach Fund c/o MSCF.*
Thurs., Oct 20 – (12:00 p.m. – 1:00 p.m.) The Jones Boys returns to Brookletts Place. The Jones Boys are a country music group who enjoy playing traditional country music. They are a favorite among the seniors at Brookletts Place. The group consists of Jim Jones and his son Darren. They have been together since 1992 and have appeared in Nashville and at numerous local events to include fairs, local clubs and senior centers. Advance sign-up required for lunch by Oct 6th or you may bring your own lunch. This program is funded in part by a grant from the Talbot County Arts Council, with funds provided by the Maryland State Arts Council. Additional funding has been provided by The American Legion, Blake Blackston Post #77.
Mon., Oct. 24 – (11:30 a.m. – 1:00 p.m.) Dutch Lunch Out – House of Hunan 201A Marlboro Ave., Easton. Bus will leave the Senior Center at 11:15 a.m.
Tues., Oct. 25 – (12:00 p.m. – 1:00 p.m.) *Halloween Celebration with Shelley Abbott.* Advance sign-up for lunch required by October 11 or you may bring your own.
Thurs., Oct. 27 - (12:00 p.m. – 1:00 p.m.) Lunch and Learn with the University of MD Health Advantage. They will be conducting a quick presentation on Medicare for Seniors. Advance sign up for lunch is required by October 13th or you may bring your own lunch.

UPCOMING TRIPS: All trips are open to anyone 21 years of age or older. SORRY but no children or infants allowed. Refund policy is in effect for all trips. For a complete list of 2016 Trips, please visit our website www.brooklettsplace.org or stop by the senior center and pick up a copy of our 2016 Travel Log.

NEW Aug 31- Sept 8, 2017

Alaska Cruise - 9 days/8 nights aboard Celebrity Cruises “Celebrity Solstice” Roundtrip airfare from BWI, includes 1 pre-night stay in downtown Seattle w/city tour. Inside Cabin Category 10 - \$2,583 or Outside Cabin Category 7 - \$3,033 or Balcony Cabin Category 2C - \$3,173. Rates are per person, double occupancy, roundtrip transportation to/from airport, roundtrip airfare, port charges, one way transfer, taxes and government fees. CELEBRITY CRUISES HAS ADVISED THAT ALL AIR PRICES ARE SUBJECT TO CHANGE AND ARE NOT GUARANTEED UNTIL FULL PAYMENT HAS BEEN RECEIVED. An initial deposit of \$350 per person double occupancy or \$700 per person single occupancy is required in order to secure reservations and assign cabins. Final balance is due by May 18, 2017. Those who book early get the best prices and the best cabin locations. **PASSPORT REQUIRED**

NEW March 15-24, 2018

Southeast Coast & Bahamas Cruise - 10 days/9nights aboard the *Royal Caribbean “Grandeur of the Seas”* leaving from Baltimore with stops in Charleston, SC, Orlando (Port Canaveral), FL, Miami, FL, Nassau, Bahamas & CocoCay, Bahamas. Inside Cabin Category N- \$1,168 or Inside Cabin Category L - \$1,189 or Outside Cabin Category I - \$1,253 or Outside Cabin Category H - \$1,275 or Balcony Cabin Category D2 - \$1,733 or Balcony Cabin Category D1 - \$1,801. Rates are per person double occupancy and include cruise, port charges, roundtrip transportation to/from airport and government fees. An initial deposit of \$350 per person double occupancy or \$700 per person single occupancy is required in order to secure reservations and assign cabins. Final balance is due by November 15, 2017. Those who book early get the best prices, the best cabin locations and their preferred dining times. **PASSPORT REQUIRED**

FREE PROGRAMS: *Advance sign-up requested for most programs – **PLEASE NOTE – IF YOU SIGN UP FOR ANY OF THE FREE PROGRAMS THAT HAVE SPACE LIMITATIONS AND ARE UNABLE TO ATTEND, PLEASE BE COURTEOUS AND CALL TO LET US KNOW BECAUSE SOMEONE ELSE CAN BE PUT IN YOUR SLOT. ADDITIONALLY IN SOME CASES A FEE MAY APPLY FOR NO SHOWS!!***

- Fri., October 7** (9:30 a.m. – 10:30 a.m.) "Hoarding: Signs, Symptoms, Solutions" This hour long presentation will highlight the problems associated with hoarding and obsessive collecting. How to tell the difference between clutter and hoarding and where to find help. Advance sign-up is required as space is limited.
- Tues., October 11** - (10:00 a.m. – 11:00 a.m.) Free *“Inspirational Owl”* Craft - Compliments of First Baptist Church, taught by Liz Lynch, Bob Lynch, Joann Harris, & Judith Grobler. Limited to 20 participants – Advance sign-up is required.
- Wed., October 19** – (10:30-11:30) Aquacare Presents: Kelly Swann, DPT will be doing a fall prevention and risk assessment screening and presentation.
- Tues., October 25** – (10:00 a.m. – 11:00 a.m.) *“Flowers for the Table”* Learn simple flower arrangements with Diana. Advance sign up is required - limited space. PLEASE NO WALK-INS. Also note if you sign up for this class and do not notify us that you are unable to attend, you will be charged a \$10.00 fee. This program is funded in part by a grant from the Talbot County Arts Council, with funds provided by the Maryland State Arts Council. Additional funding has been provided by The American Legion, Blake Blackston Post #77.
- Wed., October 26** – (10:30 a.m. – 11:30 a.m.) *“Positive Music w/DJ Randy P”* Reduce your weekly stress by enjoying a fun, safe, and positive musical experience in a motivation environment.
- Thurs., October 27** - (10:00 a.m. – 1:00 p.m.) *Elder Law Clinic* Attorneys will be present **(by appointment only)** to discuss legal issues pertaining to seniors to include: Elder Abuse, Adult Guardianship; homeowner and consumer related issues and much, much, more. Contact Mid-Shore Pro-Bono at 410-690-8128 for an appointment or additional information.

SELF-PAY CLASSES: SPACE AVAILABLE IN ALL CLASSES

- Fri., October 14** (9:30 a.m. – 2:00 p.m.) AARP Drive Safety Class \$15.00 AARP Members \$20.00 for non-members. Advance sign-up is required as space is limited to 12 participates.
- Fri., October 14** (11:00 a.m. – 1:00 p.m.) *Art of Cooking with Sharon Harrington.* Octoberfeast - When the frost is on the pumpkin- cooks stop sprinkling Old Bay on everything and start thinking about heartier comfort foods. The good old pumpkin that only appeared at Thanksgiving, in my house, has been elevated to a more gourmet status. You will have an opportunity to sample pumpkin ravioli with butter sage sauce, pumpkin risotto and pumpkin doughnuts. \$5.00 per person payable before the class. Advance registration is required as space is limited.
- Advanced Beginners Watercolor Class** – Every Monday (10:00 a.m. – 12:00 p.m.) \$60.00 per 6 week session. Diana Evans, Instructor
- Gentle Yoga with Cyndi Prudhomme** - Every Wed. (9:00 a.m. – 10:00 a.m.) \$8.00 per class drop-in fee
- Intermediate Watercolor** - Every Thursday (10:00 a.m. – 12:00 p.m.) \$60.00 per 6 week session. Diana Evans, Instructor
- Beginning Oil Painting** – Every Wednesday (9:00 a.m. – 12:00 p.m.) \$5.00 per hour. NO CHARGE for SUPPLIES for first three sessions. Contact Jane Bollman, Instructor at 410-770-8611 or bollman@goeaston.net for additional information or to register
- Zumba Gold** - Every Fri. (8:30 a.m. – 9:15 a.m.) Cyndi Prudhomme, Instructor - \$30.00 per session or \$5.00 per class drop in fee
- Keyboard /Guitar Lessons** Every Friday (12:00 p.m. – 1:00 p.m.) \$5.00 per week taught by Quinn Parsley of Mike Elzey’s Guitar Studio
- Spanish Fun Conversation Class** - Every Friday (1:00 p.m. – 2:00 p.m.) \$5.00 per week taught by Roberto Padron

OTHER PROGRAMS:

- **Mahjong** – Every Monday 12:30 p.m. and Friday 10:00 a.m. in the Game Room: Beginners are welcome – 1st Friday of each month is designated as “New Players Day”. Come and learn!
- **Diabetic Support Group** – Every 3rd Monday 5:30 p.m. Contact Doris Allen, BSN,RN,CDE Univ. of MD Center for Diabetes & Endocrinology 410-822-1000X5195 Except October will meet 4th Monday
- **Contract Bridge** – Every Tuesday 10:00 a.m. in Exercise Room #2 - Free Instruction for Beginners with advance notice
- **Pinochle** – Every Tuesday 12:30 p.m. in the Game Room – Willing to teach Beginners at any time
- **Shore Line Dancing** – Every Tuesday 7:00 p.m. – 9:00 p.m. FEE Applies, 1st time free. For additional information please contact Joyce at 410-228-9200 or Garon at 410-820-7176
- **Video (Wii) Bowling** - Every Wednesday at 10:00 a.m. in the TV Room. Come Join the Team! (2nd Wednesday at Park View 1PM)
- **Blood Pressure Screening** – 2nd & 4th Wednesday of each month at 10:00 a.m.
- **Elder Law Clinic** – Every 4th Thursday 10:00 a.m. – 1:00 p.m. BY APPOINTMENT ONLY Contact Mid-Shore Pro-Bono at 410-690-8128
- **Canasta** – Every Thursday 11:00 a.m. in the Upstairs Lobby – *Currently for those who already know how to play.* Beginners instruction 1st Wednesday of each month from 12:00 p.m. – 3:00 p.m. – Advance notice requested for instruction
- **Poetry at Noon** – Every Friday in the Conference Room

FLU SHOTS WITH HILL'S OCT. 18TH & NOV. 1ST 9:00 a.m. – 11:00 a.m. Free with Medicare Part B “TDAP”/Whooping Cough Vaccine will be available for \$69.95

UPCOMING EVENTS:

- Thurs., Nov. 3, 10, 17 & Dec. 1, 8 & 15 2016** (12:30 p.m. – 3:00 p.m.) *Healthy Living w/Diabetes Workshop.* Living with or caring for someone with Diabetes can affect your quality of life. This **FREE** 6-week workshop will give you the support you need to find practical ways to deal with your condition, discover better nutrition and exercise choices, and learn better ways to talk with your doctor and family about your health. Advance sign-up is required as space is limited.

- **FELTING WORKSHOP WITH LAURA RANKIN NOV. 29TH SIGN UP NOW**